

recent years. It has been argued that local authorities cannot afford expensive hospitals; but I go so far as to say that a local authority has no right to send infective cases to a hospital if it cannot guarantee conditions that imply an expenditure similar to that incurred in a general hospital. The position can only be met by smaller districts taking joint action on a larger scale than at present. The question of area will soon be settled by the adoption of motor ambulances. A great obstacle of progress is the constitution of fever hospital committees. There is no medical board as in a general hospital, and modern medicine goes to the wall when economy is in question.

I must apologise for writing at such length, but I feel that if fever nurses will not help themselves by joint action, their chance of recognition under State Registration will soon pass.

I am, yours faithfully,

JOHN BIERNACKI.

#### CUSTOM'S SLAVES.

To the Editor of the "British Journal of Nursing."  
DEAR MADAM,—Most nurses have met cases like the one portrayed by Jessie Harvey, in your issue of May 25th.

I have often wondered if we could not do something to put an end to this senseless custom. Not long ago I was nursing an old lady who had for years been a terrible trial to all her friends. They were thankful when she died. They said they did not know how to meet the bills, for they were poor, nevertheless they had a very grand funeral, and bought so much mourning that one would think they intended to wear nothing else for the rest of their lives. In another case a man died leaving his wife a mere pittance. They had for years lived a cat and dog existence, yet she draped herself in crape from head to foot. In neither of these cases did the "mourning" betoken grief, and in both the cost would cripple the wearers for months, if not for years. The wearing of black is not a Christian-like custom; it does no one good, except may be the shop-keepers, and it is as often as not an expense the wearers can ill afford.

I should like to see after the notice of death, "No mourning, by request," instead of "No flowers."

Yours truly,

NURSE R.

#### Comments and Replies.

*Fever Nurse.*—"Spotted Fever" is really a severe inflammation of the covering membranes of the brain and spinal cord—a cerebro-spinal meningitis.

#### THE PARIS CONFERENCE.

##### REDUCED RATES.

Those travelling independently to the Paris Conference will be glad to know that both the South-Eastern and Chatham Railway, and the London, Brighton, and South Coast Railway are willing to grant reduced rates to holders of the Conference Ticket.

*The South-Eastern Railway*, via Dover and Calais, or Folkestone and Boulogne, for tickets to be issued at Charing Cross and Victoria Stations. *Fares*, First class, £2 18s. 4d.; second class, £1 17s. 6d.; issued from June 10th to 17th inclusive, and available for 14 days by any service. The day trains via Dover and Calais leave *Charing Cross* at 9 a.m., arriving in Paris at 4.45, and *Victoria* at 11 a.m., arriving in Paris at 6.40. Via Folkestone and Boulogne, leave *Charing Cross* at 10 a.m., arrive in Paris at 6.4.

*The London, Brighton, and South Coast Railway*, via Newhaven and Dieppe. *Fares*: First class, £1 19s. 3d.; second class, £1 10s. 3d., available for 14 days, by day or night service. Leave *Victoria* at 10 a.m., arriving in Paris at 6.41. Conference tickets must be produced when obtaining these tickets, and also for the purpose of being passed by day service.

#### CONFERENCE TICKETS.

To save press of work in Paris, we advise all those going to obtain their Conference Tickets without delay in London. Apply to Miss Brey, 431, Oxford Street, London, W., price 1 franc. (10d.). Please send stamp for reply.

#### BADGES.

The National Badges embroidered Great Britain and Ireland, in rose (English), mauve (Scottish), green (Irish), can be procured from Messrs. Garrould, Edgware Road, London, W., price 1s. They should be ordered at once if required.

Only members of Societies and Leagues affiliated to the International Council of Nurses, through the Provisional Committee, are entitled to wear this Badge.

#### Give her a Chance.

##### NATURE KNOWS HOW.

Nature has a sure way of curing sick people. She prescribes such things as fresh air and sunshine, exercise and right food as her principal agencies.

Grape-Nuts is a natural food, prepared from wholesome grains, with no drugs nor chemical ingredients or processes, and the weakest stomach will readily assimilate it.

An Ohio woman, who suffered for twelve years from nervous prostration and insomnia, writes:

"Last May at my mother's solicitation I concluded to give up medicines and try Grape-Nuts food. It did not work a miracle at once, but slowly and surely, day by day, it built me up and strengthened me. I soon began to sit up, then to work a little, then to get out to see my friends, gaining meanwhile in sleep, till at last, by the end of June I was able to leave home for a visit (taking my Grape-Nuts with me, be sure), returning after a few weeks, completely restored, with a healthy interest in my domestic duties, and, thank Heaven, the strength to perform them!

"That this is so, and that I am stronger in mind also and quicker and more vigorous intellectually, is due to the use of Grape-Nuts food." Name given by Grape-Nuts Co., 66, Shoe Lane, E.C.—Adv't.

[previous page](#)

[next page](#)